




Willow Bend Learning Center

Menu – Fall 2018

A different vegetarian choice is available everyday for our vegetarian children (marked with an *)
This menu will be effective **August 20th, 2018***

	Monday (Beef)	Tuesday (Vegetarian)	Wednesday (Chicken)	Thursday (Turkey)	Friday (Chicken)
BREAKFAST	Cheerios  Seasonal Fresh Fruit Milk	Pancakes  Seasonal Fresh Fruit Milk	Bagels & Cream Cheese  Seasonal Fresh Fruit Milk	Cornflakes  Seasonal Fresh Fruit Milk	Blueberry Waffles  Seasonal Fresh Fruit Milk
LUNCH WEEK 1	Enchilada Casserole (w/Beef)  <i>*Cheese Enchilada Fiesta Corn Cinnamon Applesauce Milk</i>	Cheesy Mac (Veggie)  <i>*Same as regular entree Peas Diced Pears Milk</i>	Blk Bean & Rice Casserole (w/Chicken)  <i>*Veggie Bean & Rice Zucchini Squash Fruit Cocktail Milk</i>	Cheesy Penne Marinara (w/Turkey)  <i>*Marinara Pasta Steamed Broccoli Pineapple Tidbits Milk</i>	Southwest Taco Roll (w/Chicken)  <i>*Grilled-Cheese Sandwich Mixed Veggies Peach Sections Milk</i>
LUNCH WEEK 2	Mexican Taco Bake (w/Beef)  <i>*Cheesy Taco Bake Fiesta Corn Cinnamon Applesauce Milk</i>	Lentil Rice Pilaf (Veggie)  <i>*Same as regular entree Peas Diced Pears Milk</i>	King Ranch Casserole (w/Chicken)  <i>*Cornbread Casserole Zucchini Squash Fruit Cocktail Milk</i>	Mushroom Celery Risotto (w/Turkey)  <i>*Mushroom Celery Risotto Steamed Broccoli Pineapple Tidbits Milk</i>	Cheesy Quesadilla (w/Chicken)  <i>*Veggie Cheese Quesadilla Mixed Veggies Peach Sections Milk</i>
SNACK	Grahams & Cheese  Orange Juice	Saltines & Cheese  Orange Juice	Animal Crackers & Cheese  Orange Juice	Cheez-its & Cheese  Orange Juice	Pretzels & Cheese  Orange Juice

- The daily menu is **subject to change** or substitutions due to availability and other factors.
- **Meal Substitutions:** Any meal substitutions by parents must be **approved by the office**, and listed on the child's forms. Home Meals must include the required **fruit and/or veggie** servings.
- **Vegetarian Children:** ALL the meals will be provided by the Center, or **ALL meals must be provided by the parent.** (including Field Trip meals.)
- **Food Allergies:** A substitute meal, including fruit and vegetable servings, must be **provided by the parent for that meal only.** (No more than twice per week, including Field Trip meals.)
- **Child Preference:** **No more than one day per week, on the same day of the week,** parents may substitute a particular meal on a **permanent basis.** (except for Field Trip meals.)
- **Parent Preference:** Parents may choose to provide **1) all Home Meals (including pm snack and Field Trip meals.) or 2) all Home Breakfasts only, or 3) all Home Lunches only.**