























Willow Bend Learning Center

Fall Menu 2022

A *different vegetarian choice* is available everyday for our vegetarian children (marked with an *)
 This menu will be effective August 22nd, 2022

	Monday (Beef)	Tuesday (Veggie)	Wednesday (Poultry)	Thursday (Poultry)	Friday (Poultry)
BREAKFAST	Shredded Wheat  Seasonal Fresh Fruit Milk	Pancake w/ Maple Syrup  Seasonal Fresh Fruit Milk	Bagels w/ Crm Cheese  Seasonal Fresh Fruit Milk	Cornflakes  Seasonal Fresh Fruit Milk	Blueberry Waffles  Seasonal Fresh Fruit Milk
LUNCH WEEK 1	Enchilada Casserole (w/Beef)  *Cheese Enchilada Fiesta Corn Peach Sections Milk	Rice Pilaf (Veggie)  *Same as regular entree Peas Diced Pears Milk	Cheesy Penne Marinara (w/Chicken)  *Marinara Pasta Cream Spinach Pineapple Tidbits Milk	Fiesta Tacquitos (w/Chicken)  *Veggie Burger Steamed Broccoli/Ranch Fruit Cocktail Milk	Corn Dog (w/Turkey)  *Cheese Melt Baby Carrots Poached Apples Milk
LUNCH WEEK 2	Mexican Taco Bake (w/Beef)  *Cheesy Taco Bake Fiesta Corn Peach Sections Milk	Italian Cheese Pizza (Veggie)  *Same as regular entree Peas Diced Pears Milk	Cheesy Mac (w/Chicken)  *Cheesy Mac Cream Spinach Pineapple Tidbits Milk	Chicken Burger (w/chicken)  *Veggie Burger Steamed Broccoli/Ranch Fruit Cocktail Milk	Cheese Melt (w/Turkey)  *Cheese Melt Baby Carrots Poached Apples Milk
SNACK	Grahams & Cheese  Orange Juice	Ritz & Cheese  Orange Juice	Animal Crackers & Cheese  Orange Juice	Cheez-its & Cheese  Orange Juice	Pretzels/Cheese  Orange Juice

- The daily menu is **subject to change** or substitutions due to availability and other factors.
- **Meal Substitutions:** Any meal substitutions by parents must be **approved by the office**, and listed on the child's forms. Home Meals must include the required **fruit and/or veggie** servings.
- **Vegetarian Children:** ALL the meals will be provided by the Center, or **ALL meals must be provided by the parent.** (Including Field Trip meals.)
- **Food Allergies:** A substitute meal, including fruit and vegetable servings, must be **provided by the parent for that meal only.** (No more than twice per week, including Field Trip meals.)
- **Child Preference:** **No more than one day per week, on the same day of the week,** parents may substitute a particular meal on a **permanent basis.**
- **Parent Preference:** Parents may choose to provide **1) all Home Meals (including pm snack and Field Trip meals.) or 2) all Home Breakfasts only, or 3) all Home Lunches only.**