## Willaw Bend Learning Center

## Spring Menu 2024

A different vegetarian choice is available everyday for our vegetarian children (marked with an *)
This menu will be effective January 29 ${ }^{\text {th }}, 2024$

|  | Monday (Beef) | Tuesday (Veggie) | Wednesday (Poultry) | Thursday (Poultry) | Friday (Poultry) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Shredded Wheat <br> Seasonal Fresh Fruit Milk | Pancake w/ Maple Syrup <br> Seasonal Fresh Fruit Milk | Bagels w/Crm Cheese <br> Seasonal Fresh Fruit Milk | Cornflakes <br> Seasonal Fresh Fruit Milk | Blueberries Waffles <br> Seasonal Fresh Fruit Milk |
| $\begin{aligned} & \text { 든 } \\ & \text { Z } \\ & 3 \end{aligned}$ | Enchilada Casserole (w/Beef) <br> *Cheese Enchilada Fiesta Corn Peach Sections Milk | Cheese Quesadilla (Veggie) <br> *Same as regular entree Petite Peas \& Carrots Mandarin Oranges Milk | Cheesy Penne Marinara (w/ Chicken) <br> *Marinara Pasta Cream Spinach Pineapple Tidbits Milk | Fiesta Tacquitos (w/Chicken) <br> *Veggie Burger <br> Steamed Broccoli/Ranch Fruit Cocktail Milk |  |
|  | Mexican Taco Bake (w/Beef) *Cheesy Taco Bake Fiesta Corn Peach Sections Milk | Italian Cheese Pizza (Veggie) <br> *Same as regular entree Petite Peas \& Carrots Mandarin Oranges Milk | Cheesy Mac (w/ Chicken) <br> *Cheesy Mac Cream Spinach Pineapple Tidbits Milk | Chicken Burger (w/chicken) <br> *Veggie Burger Steamed Broccoli/Ranch Fruit Cocktail Milk | Cheese Melt (w/Turkey) <br> *Cheese Melt Baby Carrots Poached Apples Milk |
| ¢ ¢ ¢ | Grahams \& Cheese <br> Orange Juice | Ritz \& Cheese <br> Orange Juice | Animal Crackers \& Cheese <br> Orange Juice | Cheez-its \& Cheese <br> Orange Juice | Pretzels/Cheese <br> Orange Juice |

- The daily menu is subject to change or substitutions due to availability and other factors.
- Meal Substitutions: Any meal substitutions by parents must be approved by the office, and listed on the child's forms. Home Meals must include the required fruit and/or veggie servings.
- Vegetarian Children: ALL the meals will be provided by the Center, or ALL meals must be provided by the parent. (Including Field Trip meals.)
- Food Allergies: A substitute meal, including fruit and vegetable servings, must be provided by the parent for that meal only. (No more than twice per week, including Field Trip meals.)
- Child Preference: No more than one day per week, on the same day of the week, parents may substitute a particular meal on a permanent basis.
- Parent Preference: Parents may choose to provide 1) all Home Meals (including pm snack and Field Trip meals.) or 2) all Home Breakfasts only, or 3) all Home Lunches only.

